## Daniel G. Lannin

## **EDUCATION**

Ph.D., Psychology, Iowa State University	2016
M.S., Psychology, Iowa State University	2012
M.Div. Western Theological Seminary	2004
<b>B.A.,</b> Philosophy and Religion, Hope College	2001

### PROFESSIONAL APPOINTMENTS

## Associate Professor, Department of Psychology

2021—Present

Illinois State University; Normal, IL

#### Co-Lead, Continuous Quality Improvement

2017—2021

Champaign Area Relationship Education for Youth Funded via a \$5.1 million grant Illinois State University, Normal, IL

### Assistant Professor, Department of Psychology

2016—2021

Illinois State University; Normal, IL

### PEER-REVIEWED PUBLICATIONS

\*denotes undergraduate student, \*\*denotes graduate student

- Donnelly, M.\*\*, Lannin, D. G., Kanter, J. B., Parris, L., Su-Russell, C. (2023). The socio-cognitive attitudes of teen bullies: Right-wing authoritarianism, moral disengagement, and perceived victimization. *International Journal* of Bullying Prevention. Advance online publication. <a href="https://doi.org/10.1007/s42380-023-00203-8">https://doi.org/10.1007/s42380-023-00203-8</a>
- 2. Hynes, K.\*\*, Russell, L. T., **Lannin, D. G.,** Parris, L., & Yazedjian, A. (2023). Awareness of social media audiences among adolescents in a school-based intervention. *Journal of Applied School Psychology*. Advance online publication. <a href="https://doi.org/10.1080/15377903.2023.2263398">https://doi.org/10.1080/15377903.2023.2263398</a>
- Ozkum, B., Lannin, D. G., Wu, S. (2023). Divergent reactions to COVID-19 exhibited in grandiose and vulnerable narcissism. Social and Personality Psychology Compass. Advance online publication. <a href="http://doi.org/10.1111/spc3.12849">http://doi.org/10.1111/spc3.12849</a>
- 4. Kanter, J. B., **Lannin, D. G.,** McCraig, J.\*\*, Sprecher, S., Rauer, A., & Yazedjian, A. (2023). The impacts of specific program components on romantic relationship satisfaction. *Family Relations*. Advance online publication <a href="https://doi.org/10.1111/fare.12933">https://doi.org/10.1111/fare.12933</a>
- 5. Kanter, J. B., **Lannin, D. G.,** Rauer, A. J., Sprecher, S., & Yazedjian, A. (2023). The longitudinal influence of cumulative risk: Is relationship education a resource? *Journal of Social and Personal Relationships*, *0*(0). Advance online publication. <a href="https://doi.org/10.1177/02654075231173048">https://doi.org/10.1177/02654075231173048</a>

- 6. **Lannin, D. G.,** Wolf, L. J., & Heath, P. J. (2023). Anticipating self-stigma: The roles of values and perceptions of therapy clients. *Stigma and Health*. Advance online publication. <a href="https://doi.org/10.1037/sah0000446">https://doi.org/10.1037/sah0000446</a>
- 7. Barrowclough, M., Messman, B.\*\*, **Lannin, D. G.,** Boerngen, M., & Kibler, M. (2023). Measuring Mental Health Service Preferences Amongst Illinois Dairy Producers. *Journal of Agromedicine*, 28(4), 890-902. https://doi.org/10.1080/1059924X.2023.2229815
- 8. Seidman, A. J., Vogel, D. L., & **Lannin, D. G.** (2023). Examining between- and within-person effects of the self-stigma of seeking psychological help on the therapeutic working alliance: The moderating role of psychological distress. *Psychotherapy*, 60(2), 206–211. <a href="https://doi.org/10.1037/pst0000482">https://doi.org/10.1037/pst0000482</a>
- 9. Kanter J. B., **Lannin, D. G.,** Rauer, A. J., & Yazedjian, A. (2023). Relational concerns and change in relationship satisfaction in a relationship education program. *Family Process*, 00, 1–15. <a href="https://doi.org/10.1111/famp.12851">https://doi.org/10.1111/famp.12851</a>
- Grossmann, I., Rotella, A. M., Hutcherson, C., Sharpinskyi, C., Varnum, M. E. W., Achter, S., ... Lannin, D. G., ... Wilkening, T. (2023). Insights into accuracy of social scientists' forecasts of societal change. Nature Human Behavior, 7, 484-501. https://doi.org/10.1038/s41562-022-01517-1
- 11. **Lannin, D. G.,** Kanter, J. B., Lewis, D.\*, Greer, A.\*, & Ludwikowski, W. M. A. (2023). Exploring the links between black women's intersectional identities and career interests. *Journal of Career Development*, 50(1), 104-118. https://doi.org/10.1177/08948453211069600
- 12. Ege, S. M.\*\*, & Lannin, D. G. (2023). Deciding to disclose: The role of identity when "coming out proud". *Stigma and Health*, 8(2), 205–211. <a href="https://doi.org/10.1037/sah0000298">https://doi.org/10.1037/sah0000298</a>
- 13. **Lannin, D. G.,** Russell, L. T., Yazedjian, A., & Parris, L. N. (2022). Adolescent aspirations, compromise, and conflict-resolution. Advanced online publication. *Journal of Social and Personal Relationships*. <a href="https://doi.org/10.1177%2F02654075221095777">https://doi.org/10.1177%2F02654075221095777</a>
- 14. Hynes, K., **Lannin, D.G.,** Kanter, J.B., Yazedjian, A., & Nauta, M. (2022). Do materialistic adolescents ruminate more about their social media posts? *Youth & Society, 54,* 766-787. https://doi.org/10.1177%2F0044118X20984172
- 15. Atkinson, C. D., Wesselmann, E. D., & **Lannin, D. G.** (2022). Understanding why some whistleblowers are venerated and others vilified. *Heroism Science*, 7 (2). https://doi.org/10.26736/hs.2022.01.06
- Parris, L., Lannin, D.G., Yazedjian, A., & Hynes, K.. (2022). Exploring social media rumination: associations with bullying, cyberbullying, and distress. *Journal of Interpersonal Violence*, 37, 3041-3061. https://doi.org/10.1177/0886260520946826
- 17. Kanter, J.B., Lavner, J., **Lannin, D. G.,** Hilgard, J., & Monk, K. (2022). Does couple communication predict later relationship quality and dissolution? A meta-analysis. *Journal of Marriage and Family, 84,* 533-551. <a href="https://doi.org/10.1111/jomf.12804">https://doi.org/10.1111/jomf.12804</a>
- 18. Cedeño, D., **Lannin, D. G.,** Russell, L., Yazedjian, A., Kanter, J. B., & Mimnaugh, S. (2021). The effectiveness of a financial literacy and job-readiness curriculum for youth from low-income households. *Citizenship, Social and Economics Education*, 20(3), 197–215. https://doi.org/10.1177/20471734211051770

- 19. **Lannin, D.G.,** Parris, L., Yazedjian, A., & Hynes, K. (2021). Youth online activity and distress: The role of social media rumination. *The Social Science Journal*. Advanced online publication. <a href="http://dx.doi.org/10.1080/03623319.2021.1985329">http://dx.doi.org/10.1080/03623319.2021.1985329</a>
- 20. Kanter, J. B., **Lannin, D. G.,** Russell, L. T., & Yazedjian, A. (2021). Ready to change? Predicting adolescents' help-seeking for relationship concerns. *Personal Relationships*, 1–15. Advanced online publication. <a href="https://doi.org/10.1111/pere.12388">https://doi.org/10.1111/pere.12388</a>
- 21. Bible, J., Lannin, D. G., Heath, P. J., & Yazedjian, A. (2021). An empirical exploration of materialism, social media, and self-stigma. *Stigma and Health*, 6(4), 384–389. <a href="https://doi.org/10.1037/sah0000348">https://doi.org/10.1037/sah0000348</a>
- 22. **Lannin, D.G.,** Bible, J., Harris, P., Russell, L.T., Arellanes, J., & Yazedjian, A. (2021). How is spontaneous self-affirmation linked to self-esteem? A cross-lagged examination. *Journal of Research in Personality, 92,* 104091. <a href="https://doi.org/10.1016/j.jrp.2021.104091">https://doi.org/10.1016/j.jrp.2021.104091</a>
- 23. Fuentes, A. M., Kahn, J.H., **Lannin, D.G.** (2021). Emotional disclosure and emotion change during an expressive-writing task: Do pronouns matter? *Current Psychology*, 40, 1672–1679. <a href="https://doi.org/10.1007/s12144-018-0094-2">https://doi.org/10.1007/s12144-018-0094-2</a>
- 24. Kanter, J.B., **Lannin, D.G.,** Russell, L.T., Parris, L., & Yazedjian, A. (2021). Distress as an outcome in youth relationship education: The change mechanisms of hope and conflict. *Family Relations, 70* (1), 319-326. <a href="https://doi.org/10.1111/fare.12497">https://doi.org/10.1111/fare.12497</a>
- 25. Tittler, M., **Lannin, D.G.**, Wolf, L., & Han, S. (2020). Why personal values matter: Values, colorblindness, and social justice action orientation. *Current Psychology*. <a href="https://doi.org/10.1007/s12144-020-01006-6">https://doi.org/10.1007/s12144-020-01006-6</a>
- 26. **Lannin, D.G.,** Kanter, J.B., Russell, L., Parris, L., & Yazedjian, A. (2020). Why do adolescents seek online mental health information? *Journal of Adolescent and Family Health, 11*, Article 5. <a href="https://scholar.utc.edu/jafh/vol11/iss1/5">https://scholar.utc.edu/jafh/vol11/iss1/5</a>
- 27. **Lannin, D.G.**, Parris, L., & Yazedjian, A. (2020). Is help-seeking stigma influenced by adolescents' orientation to different life goals? *Stigma and Health*, *5*(3), 331–334. <a href="https://doi.org/10.1037/sah0000201">https://doi.org/10.1037/sah0000201</a>
- 28. **Lannin, D.G.,** Barrowclough, M., & Vogel, D.L. (2020). An examination of help-seeking preferences via best-worst scaling. *Journal of Clinical Psychology*, 76, 1677-1695. <a href="https://doi.org/10.1002/jclp.22945">https://doi.org/10.1002/jclp.22945</a>
- 29. Cornish, M. A., Guyll, M., Wade, N. G., **Lannin, D.G.**, Madon, S., & Chason, K. C. (2020). Does empathy promotion necessarily lead to greater forgiveness? An experimental examination. *Current Psychology, 39*, 1001-1011. <a href="https://doi.org/10.1007/s12144-018-9816-8">https://doi.org/10.1007/s12144-018-9816-8</a>
- 30. Lannin, D.G., Vogel, D. L., Kahn, J. H., Brenner, R. E., Heath, P. J., & Guyll, M. (2020). A multi-wave test of self-affirmation versus emotionally-expressive writing. *Counselling Psychology Quarterly, 33*, 333-351. https://doi.org/10.1080/09515070.2018.1553144
- 31. Yazedjian, A., **Lannin, D.G.**, & Parris, L. (2020). Does relationship education influence adolescent life-goals?. *Journal of Family & Consumer Sciences, 112*(1), 30-37. <a href="https://doi.org/10.14307/JFCS112.1.30">https://doi.org/10.14307/JFCS112.1.30</a>
- 32. Lannin, D.G., Ludwikowski, W.M.A., Heath, P.J., Vogel, D.L., Wolf, L.J., & Wicker, I.M. (2020). How are personal values linked to help-seeking stigma? *The Counseling Psychologist*, 48(2), 249-276. https://doi.org/10.1177/0011000019884815

- 33. Brenner, R. E., Cornish, M. A., Heath, P. J., **Lannin, D.G.**, & Losby, M. (2020). Seeking help despite the stigma: Experiential avoidance as a moderated mediator. *Journal of Counseling Psychology, 67*(1), 132-140. <a href="http://doi.org/10.1037/cou0000365">http://doi.org/10.1037/cou0000365</a>
- 34. Anello, K., **Lannin, D.G.**, & Hermann, A.D. (2019). The values of narcissistic grandiosity and vulnerability. *Personality and Individual Differences, 150*, 109478. <a href="https://doi.org/10.1016/j.paid.2019.06.021">https://doi.org/10.1016/j.paid.2019.06.021</a>
- 35. Seidman, A. J., **Lannin, D.G.,** Heath, P. J., & Vogel, D. L. (2019). Setting the stage: The effect of affirming personal values before psychotherapy intake screenings on perceptions of self-stigma and self-disclosure. *Stigma and Health*, 4(3), 256-259. <a href="http://doi.org/10.1037/sah0000140">http://doi.org/10.1037/sah0000140</a>
- 36. **Lannin, D.G.,** Ludwikowski, W. M. A., Vogel, D. L., Seidman, A. J., & Anello, K. (2019). Reducing psychological barriers to therapy via contemplation and self-affirmation. *Stigma and Health, 4*(3), 247-255. <a href="http://doi.org/10.1037/sah0000139">http://doi.org/10.1037/sah0000139</a>
- 37. Guyll, M., Yang, Y., Madon, S., Smalarz, L., & Lannin, D.G. (2019). Mobilization and resistance in response to interrogation threat. *Law and Human Behavior*, 43(4), 307-318. <a href="http://doi.org/10.1037/lhb0000337">http://doi.org/10.1037/lhb0000337</a>
- 38. Lannin, D.G., Vogel, D.L., Guyll, M., & Seidman, A.J. (2019). Reducing threat-responses to help-seeking information: Influences of self-affirmations and reassuring information. *Journal of Counseling Psychology*, 66(3), 375-383. <a href="http://doi.org/10.1037/cou0000313">http://doi.org/10.1037/cou0000313</a>
- 39. **Lannin, D.G.**, Guyll, M., Cornish, M., Vogel, D. L., & Madon, S. (2019). The importance of counseling self-efficacy: Physiologic stress in student helpers. *Journal of College Student Psychotherapy*, 33 (1), 14-24. <a href="https://doi.org/10.1080/87568225.2018.1424598">https://doi.org/10.1080/87568225.2018.1424598</a>
- 40. Lannin, D.G., Tucker, J. R., Streyffeler, L., Harder, S., Ripley, B., Vogel, D. L. (2019). How medical students' compassionate values influence help-seeking barriers. *Teaching and Learning in Medicine, 31* (2), 170-177. <a href="https://doi.org/10.1080/10401334.2018.1522259">https://doi.org/10.1080/10401334.2018.1522259</a>
- 41. Brenner, R. E., Engel, K. E., Vogel, D. L., Tucker, J. R., Yamawaki, N., & Lannin, D.G. (2018). Intersecting cultural identities and help-seeking attitudes: The role of religious commitment, sex, and self-stigma of seeking help. *Mental Health, Religion & Culture, 21*(6), 578-587. https://doi.org/10.1080/13674676.2018.1519782
- 42. Seidman, A.J., Wade, N.G., **Lannin, D.G.,** Heath, P.J., Brenner, R.E., & Vogel, D.L. (2018). Self-affirming values to increase student veterans' intentions to seek counseling. *Journal of Counseling Psychology*, 65(5), 653–660. <a href="https://doi.org/10.1037/cou0000289">https://doi.org/10.1037/cou0000289</a>
- 43. Brenner, R. E., Vogel, D. L., **Lannin, D.G.,** Engel, K. E., Seidman, A. J., & Heath, P. J. (2018). Do self-compassion and self-coldness distinctly relate to distress and well-being? A theoretical model of self-relating. *Journal of Counseling Psychology*, 65(3), 346-357. <a href="https://doi.org/10.1037/cou0000257">https://doi.org/10.1037/cou0000257</a>
- 44. Ludwikowski, W. M., Armstrong, P. I., & Lannin, D.G. (2018). Explaining gender differences in interests: The roles of instrumentality and expressiveness. *Journal of Career Assessment*, 26(2), 240-257. <a href="https://doi.org/10.1177%2F1069072717692743">https://doi.org/10.1177%2F1069072717692743</a>
- 45. Heath, P. J., Brenner, R. E., **Lannin, D.G.,** & Vogel, D. L. (2018). Self-compassion moderates the relationship of perceived public and anticipated self-stigma of seeking help. *Stigma and Health, 3*(1), 65-68. <a href="http://doi.org/10.1037/sah0000072">http://doi.org/10.1037/sah0000072</a>

- 46. **Lannin, D.G.,** Vogel, D. L., & Heath, P. J. (2017). Can reflecting on personal values online increase positive beliefs about counseling? *Journal of Counseling Psychology, 64*(3), 261-268. https://psycnet.apa.org/doi/10.1037/cou0000201
- 47. Heath, P. J., Brenner, R. E., Vogel, D. L., **Lannin, D.G.,** & Strass, H. A. (2017). Masculinity and barriers to seeking counseling: The buffering role of self-compassion. *Journal of Counseling Psychology, 64*(1), 94-103. <a href="https://doi.org/10.1037/cou0000185">https://doi.org/10.1037/cou0000185</a>
- 48. Cornish, M. A., **Lannin, D.G.,** Wade, N. G., & Martinez, M. (2017). Can use of positive religious coping predict greater distress? An examination of Army soldiers on deployment. *Journal of Counseling Psychology, 64*(3), 302-309. <a href="https://doi.org/10.1037/cou0000200">https://doi.org/10.1037/cou0000200</a>
- 49. Vogel, D. L., Strass, H. A., Al-Darmaki, F. R., Armstrong, P., Baptista, M. N., Brenner, R. E., Gonçalves, M., Heath, P. J., **Lannin, D.G.**, Liao, H-Y., Mackenzie, C., Mak, W. W. S., Rubin, M., Topkaya, N., Wade, N. G., Wang, Y-F, & Zlati, A. (2017). Stigma Associated with Seeking Mental Health Services: Examination across Ten Countries/Regions. *The Counseling Psychologist*, 45(2), 170-192. https://doi.org/10.1177%2F0011000016671411
- 50. Madon, S., Guyll, M., Yang, Y., Smalarz, L., Marschall, J., & Lannin, D.G. (2017). A biphasic process of resistance among suspects: The mobilization and decline of self-regulatory resources. *Law and Human Behavior*, 41(2), 159-172. <a href="https://doi.org/10.1037/lhb0000221">https://doi.org/10.1037/lhb0000221</a>
- 51. **Lannin, D.G.,** Vogel, D. L., Brenner, R., Abraham, W. T., & Heath, P. (2016). Does self-stigma reduce the probability of seeking mental health information? *Journal of Counseling Psychology*, 63, 351-358. https://doi.org/10.1037/cou0000108
- 52. **Lannin, D.G.,** Vogel, D. L., Brenner, R., & Tucker, J. (2015). Predicting distress and intentions to seek counseling: The Internalized Stigma Model. *The Counseling Psychologist*, 43, 64-93. <a href="https://doi.org/10.1177%2F0011000014541550">https://doi.org/10.1177%2F0011000014541550</a>
- 53. Wei, M., Tsai, P. C., **Lannin, D.G.**, Du, Y., & Tucker, J. R. (2015). Mindfulness, psychological flexibility, and counseling self-efficacy: Hindering self-focused attention as a mediator. *The Counseling Psychologist*, *43*, 39-63. <a href="https://doi.org/10.1177%2F0011000014560173">https://doi.org/10.1177%2F0011000014560173</a>
- 54. Guyll, M., Madon, S. Spoth, R. & **Lannin, D.G.** (2014). Popularity as a predictor of early alcohol use and moderator of other risk processes. *Journal of Studies on Alcohol and Drugs, 75*, 919-928. https://doi.org/10.15288/jsad.2014.75.919
- 55. **Lannin, D.G.**, Guyll, M., Krizan, Z., Madon, S., & Cornish, M. (2014). When are grandiose and vulnerable narcissists least helpful? *Personality and Individual Differences*, 56, 127-132. <a href="https://doi.org/10.1016/j.paid.2013.08.035">https://doi.org/10.1016/j.paid.2013.08.035</a>
- 56. **Lannin, D.G.,** Guyll, M., Vogel, D. L., & Madon, S. (2013). Reducing the stigma associated with seeking psychotherapy through self-affirmation. *Journal of Counseling Psychology*, 60(4), 508-519. https://doi.org/10.1037/a0033789
- 57. **Lannin, D.G.,** Bittner, K. E., & Lorenz, F. O. (2013). Longitudinal effect of defensive denial on relationship instability. *Journal of Family Psychology*, 27(6), 968-977. https://doi.org/10.1037/a0034694
- 58. **Lannin, D.G.,** & Scott, N. A. (2013). Social networking ethics: Developing best practices for the new small world. *Professional Psychology: Research and Practice*, 44(3), 135-141. <a href="https://doi.org/10.1037/a0031794">https://doi.org/10.1037/a0031794</a>

59. Guyll, M., Madon, S., Yang, Y., **Lannin, D.G.,** Scherr, K., & Greathouse, S. (2013). Innocence and resisting confession during interrogation: Effects on physiologic activity. *Law and Human Behavior*, *37(5)*, 366-375. <a href="https://doi.org/10.1037/lhb0000044">https://doi.org/10.1037/lhb00000044</a>

### **BOOKS AND BOOK CHAPTERS**

- 1. **Lannin, D. G.,** & Du. Y. (under contract). The art (and science) of helping: Developing fundamental skills in a multicultural age. Routledge.
- 2. Su-Russell, C., **Lannin, D. G.,** Finan, L., Pluymers, K., & Tudela, M. (under contract). Historical and contemporary studies of child development. In A. Roach, & A. Ermer (Ed.), *An introduction to the history of human development and family science*. Routledge.
- 3. Wesselmann, E. D. & Lannin, D. G. (in press). Whistleblowers as portrayed in Media. Encyclopedia of Heroism Studies.
- Lannin, D.G., & Parris, L. (2022). Social media in clinical psychology; Ethics, guidelines, and considerations. In N. J. Kaslow & A. N. Ponce (Eds.), Comprehensive Clinical Psychology (2<sup>nd</sup> ed): Vol 2. Professional Issues (pp. 66-74). Elsevier. <a href="https://www.elsevier.com/books/comprehensive-clinical-psychology/asmundson/978-0-12-818697-8">https://www.elsevier.com/books/comprehensive-clinical-psychology/asmundson/978-0-12-818697-8</a>
- 5. **Lannin, D.G.**, & Bible, J.P. (2022). Self-stigma of seeking help: A meta-analysis. In D.L. Vogel, & N.G. Wade (Eds.), *The Cambridge handbook of stigma and mental health* (pp. 111-142). Cambridge University Press. <a href="https://www.cambridge.org/core/books/the-cambridge-handbook-of-stigma-and-mental-health/C3188D907515E4F33EC670FD28EB1C06">https://www.cambridge.org/core/books/the-cambridge-handbook-of-stigma-and-mental-health/C3188D907515E4F33EC670FD28EB1C06</a>
- 6. **Lannin, D.G.,** Vogel, D.L., & Heath, P. (2021). Reducing stigma through self-affirmation and related strategies. In A. Nordstrom & Wind Goodfriend (Eds.), *Innovative stigma and discrimination reduction programs* (pp.TBD). Taylor & Francis Routledge. <a href="https://www.routledge.com/Innovative-Stigma-and-Discrimination-Reduction-Programs-Across-the-World/Nordstrom-Goodfriend/p/book/9780367487232">https://www.routledge.com/Innovative-Stigma-and-Discrimination-Reduction-Programs-Across-the-World/Nordstrom-Goodfriend/p/book/9780367487232</a>

## TRADE PUBLICATION/MAGAZINE ARTICLES

- 1. Yazedjian, A., Russell, L. T., & Lannin, D. G. (2023). Behind the curtain: Developing meaningful partnerships with schools. *NCFR Report: Family Focus Behind the Scenes*.
- 2. Yazedjian, A., Russell, L. T., Bible, J., & Lannin, D. G. (2021). Facilitating continuous quality improvement of programs by establishing effective collaborative teams and reciprocal cycles. NCFR Report: Family Focus on Bridging Research Practice. <a href="https://www.ncfr.org/ncfr-report/winter-2021/facilitating-continuous-quality-improvement-programs-establishing-effective-cross-functional">https://www.ncfr.org/ncfr-report/winter-2021/facilitating-continuous-quality-improvement-programs-establishing-effective-cross-functional</a>
- 3. **Lannin, D.G.,** & Scott, N. A. (February, 2014). Best practices for an online world. *APA Monitor*, *45*(2), 57-61. https://www.apa.org/monitor/2014/02/ce-corner]

## **GRANTS**

# External (3) (\$146,580 funded)

- Kanter, J.B. (PI), Yazedjian, A. (Co-PI), & Lannin, D.G. (Co-PI). (2020). *Investigating the antecedents and outcomes of change and stability in low-income relationships*. Administration for Children and Families, \$146,580. (Funded).
- Parris, L. N. (PI), **Lannin, D.G.,** Wesselmann, E. (Co-PIs). (2017). *Identifying at-risk college students: Exploring the associations between bullying, ostracism, and mental health outcomes.* National Institutes of Health, \$398,317.00. (Unfunded).
- Vogel, D. L. (PI), Wade, N. & Lannin, D.G. (Co-PIs). (2017). Suicide prevention: Testing a novel self-affirmation strategy to reduce stigma and increase help-seeking behaviors. Military Suicide Research Consortium, \$977,111. [Total sub-award budget to Illinois State University: \$90,541]. (Unfunded).

# Internal (4) (\$8,690 funded)

- **Lannin, D.G.** (PI)(2019). Effects of pre-exam review sessions led by undergraduate teaching assistants on exam performance. Illinois State University. SoTL Travel Grant. \$1,000.00.
- **Lannin, D.G.** (PI)(2019). *International Association of Relationship Research Mini-Conference Travel Funding*. Illinois State University. College of Arts & Sciences. \$750.00.
- **Lannin, D.G.** (PI)(2017). The effect of a values card sort on self-concept and mental health. Illinois State University. College of Arts & Sciences. \$3,500.00.
- **Lannin, D.G.** (PI)(2016). Engaging personal values to encourage mental health treatment. Illinois State University. College of Arts & Sciences. \$3,440.

## PEER-REVIEWED PROFESSIONAL PRESENTATIONS

- 1. Lannin, D. G., Ilie, A., Del Valle, I., Flinn, T., & Ispas, D. (2024, January). Are open-book online exams actually assessments or just gifts to students? An analysis of validity. National Institute on the Psychology of Teaching. Bonita Springs, FL.
- 2. Bible, J., Russell, L. T., **Lannin, D. G.**, & Yazedjian, A. (2022, November). *Heteronormativity, variations in sexual behavior, and experience of shame and sexual satisfaction*. National Council on Family Relations Annual Conference. Minneapolis, MN.
- 3. Kanter, J. B., **Lannin, D. G.,** Rauer, A. J., Ogolsky, B. G., & Yazedjian, A. (2022, November). Couple Communication and Satisfaction in the Context of Relationship Education. In A. E. Ermer (Chair), Romantic Relationships in Context: How the External Environment Shapes Relational Experiences across the Life Course. Paper symposium submitted for presentation at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- 4. Heath, P. J., Bailey, A., Jansen, D., Magnison, H., Westerberg, L., Brenner, R. E., & Lannin, D. G. (2022, August). *Psychological flexibility mediates the effect of self-compassion and self-coldness on depression.* [Poster Session]. American Psychological Association, Minneapolis, MN.

- 5. Wei, M., Du, Y., Carrera, S. G., **Lannin, D. G.,** Botello, R., Wang, C., Liu, S., & Tittler, M. V. (2022, August). *A discrimination-based video intervention on racial colorblindness and white empathy.* [Poster Session]. American Psychological Association, Minneapolis, MN.
- 6. Kanter, J. B., Lannin, D. G., Rauer, A., Ogalski, B., Sprecher, S., & Yazedjian, A. (2022, July). The efficacy of relationship education on youth's functioning: A multi-method and multi-informant study [Paper]. Biennial Conference of the International Association for Relationship Research, London, UK. [Conference Online]
- 7. Marchand, E., Wesselmann, E. D., **Lannin, D. G.,** & Whitmer, P. S. (2022, April). *Encouraging Increased Partnership between Mental Health Researchers and Military-Focused Organizations*. [Symposium Talk] Midwestern Psychological Association Midwestern Psychological Association Annual Conference, Chicago, IL.
- 8. Donnelly, M. E., **Lannin, D.G.,** Finan, L. J., Su-Russell, C., & Wesselmann, E. D. (2022, February). *Examining temporal relations of adolescent SDO, RWA, MD, and bullying.* [Poster]. National Association of School Psychologists Convention, Boston, MA.
- 9. Bible, J., Lannin, D. G., Russell, L., & Yazedjian, A. (November, 2021). *Conflict and couple satisfaction: The role of partner support and self-compassion*. [Poster Session]. National Council on Family Relations, Baltimore, MD. [Conference online]
- 10. Bible, J., Russell, L., Lannin, D. G., & Yazedjian, A. (November, 2021). Lessons learned: Best-practices for assessing curriculum fidelity, participant engagement, and direct feedback. [Paper Session]. National Council on Family Relations, Baltimore, MD. [Conference online]
- 11. Bible, J., Lannin, D. G., Russell, L., & Yazedjian, A. (November, 2021). Hope, relationship education, and ending abusive relationships. [Paper Session]. National Council on Family Relations, Baltimore, MD. [Conference online]
- 12. Kanter, J.B., **Lannin, D.G.,** Yazedjian, A., Rauer, A., & Sprecher, S. (November, 2021). *Investigating risk and resilience associated with couples' longitudinal experiences in relationship education programming.* [Paper Session]. National Council on Family Relations, Baltimore, MD. [Conference online]
- 13. Hynes, K.\*\*, Horton, A., Russell, L.T., **Lannin, D. G**, Kanter, J.B., Parris, L., & Yazedjian, A. (2021, July). *Adolescents' experiences with the Love Notes curriculum: A qualitative investigation.* [Poster session]. Biennial Conference of the International Association for Relationship Research, London, UK. (Conference online)
- 14. Russell, L.T., Kanter, J.B., **Lannin, D.G.,** & Yazedjian, A. (2021, July). Family functioning, loneliness, and psychological distress among low-income adolescents. [Poster session]. Biennial Conference of the International Association for Relationship Research. London. (Conference online)
- 15. Kanter, J. B., **Lannin, D. G.,** Russell, L. T., Yazedjian, A., & Rauer, A. J. (2021, June.). *The longitudinal effects of relationship education programming.* Paper presented at the 2021 Biennial Conference of the International Association for Relationship Research. (Conference online)
- 16. **Lannin, D.G.,** Bible, J., Harris, P., Arellanes, J., Russell, L., & Yazedjian, A. (April, 2021). *The relationship between self-affirmation and self-esteem in adolescents.* [Poster Session]. Midwestern Psychological Association Annual Conference. Chicago, IL. (Conference online)
- 17. Michaels, C.\*, Foreman, M.\*, Bible, J., Russell, L., **Lannin, D.G.,** Yazedjian, A., Hynes, K., \* Horton, A. (April, 2021). *An exploratory analysis of "talking" in high school relationships.* [Poster Session]. Midwestern Psychological Association Annual Conference. Chicago, IL. (Conference online)

- 18. Foreman, M.\*, Michaels, C.\*, Bible, J., Russell, L., **Lannin, D.G.,** Yazedjian, A., Hynes, K., \* Horton, A. (April, 2021). *Best practices for teachers of youth relationship education programs.* [Poster Session]. Midwestern Psychological Association Annual Conference. Chicago, IL. (Conference online)
- 19. Boros, R., Bergner, R., & Lannin, D.G. (April, 2021). Why does belief in determinism predict the Dark Triad?. [Poster Session]. Midwestern Psychological Association Annual Conference. Chicago, IL. (Conference online)
- 20. Heath, P., Coleman, C.\*, Gladowski, J.\*, Hoffa, M.\*, Jorgenson, A.\*, Wessenberger, J.\*, & Lannin, D.G. (April, 2021). *Values and help-seeking beliefs.* [Poster Session]. Midwestern Psychological Association Annual Conference. Chicago, IL. (Conference online)
- 21. Hynes, K.\*\*, Horton, A.\*\*, Kanter, J., Russell, L., **Lannin, D.G.**, Yazedjian, A. (February, 2021). *Social media, family strengths, and psychological distress: A moderation model.* [Conference Session]. National Association of School Psychologists. Salt Lake City, UT. (Conference online).
- 22. Kanter, J.B., **Lannin, D.G.**, Russell, L.T., & Yazedjian, A. (2020, November). *Youth relationship education, relationship transitions, and psychological distress: A mixed methods investigation.* [Conference session]. Annual meeting of the National Council on Family Relations, St. Louis.
- 23. Cedeno, D., **Lannin, D.G.**, Russell, L.T., Kanter, J.B., Mimnaugh, S., & Yazedjian, A. (2020, November). "Road to Success": Evaluating the effectiveness of a financial literacy program for youth from low income households. [Poster session]. Annual meeting of the National Council on Family Relations, St. Louis.
- 24. Hynes, K.\*\*, Russell, L.T., Horton, A.\*\*, Parris, L., **Lannin, D.G.**, Kanter, J. B, Yazedjian, A. (2020, August). *Does Adolescents' Awareness of Social Media Audiences Shift After School-Based Intervention?*. [Poster session]. American Psychological Association. Washington, D.C. (Conference online)
- 25. Batsieva-Regueros, A.\*\*, & Lannin, D.G. (2020, April). Conscientiousness and academic performance: The effects of academically related behaviors [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL. (Conference cancelled)
- 26. Ullrich, T.\*, Ivanoff, S..\*, **Lannin, D.G.**, Kanter, J.B., Russel, L.T, & Yazedjian, A. (2020, April). Hopefulness: Explaining the link between self-affirmation and self-esteem [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL. (Conference cancelled)
- 27. Halverson, H.\*, Greene, K.\*, **Lannin, D.G.,** Kanter, J.B., Russell, L.T., & Yazedjian, A. (2020, April). *Do intrinsic and extrinsic motivation encourage different facets of hope?* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)
- 28. Varma, K.\*\*, **Lannin, D.G.,** Russell, L.T., Kanter, J.B., & Yazedjian, A. (2020, April). *Why does discrimination erode mental health?* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)
- 29. Melecio, C.\*, Pederson, T.\*, Kanter, J.B., **Lannin, D.G.,** Russell, L.T., & Yazedjian, A. (2020, April). *Differential predictors of youths' intentional and spontaneous help-seeking decisions* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)
- 30. Spraggon, M.\*, Quast, J.\*, Russell, L.T., Parris, L., **Lannin, D.G.,** Kanter, J.B., & Yazedjian, A. (2020, April). *How developmental programming influences youths' awareness of their online audiences* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)

- 31. Quast, J.\*, Spraggon, M.\*, Kanter, J.B., **Lannin, D.G.,** Russell, L.T., & Yazedjian, A. (2020, April). *Do demographic characteristics moderate the association between loneliness and distress?* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)
- 32. Hynes, K.\*\*, Berens, M.\*, Kanter, J.B., **Lannin, D.G.,** Parris, L., Russell, L.T., & Yazedjian, A. (2020, April). Loneliness: Explaining the link between social media rumination and psychological distress [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)
- 33. Parris, L., **Lannin, D.G.,** Russell, L.T., Kanter, J.B., & Yazedjian, A. (2020, April). *Social media rumination among youth: Associations with mental health* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)
- 34. Horton, A.\*\*, Pederson, T.\*, **Lannin, D.G.,** Kanter, J.B., Russell, L.T., & Yazedjian, A. (2020, April). *Does discrimination evoke an orientation toward materialistic values?* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL. (Conference cancelled)
- 35. Maciejewski, M.\*, & Lannin, D.G. (2020, April). Avoidant, but ready to change? Facilitating help-seeking for avoidant help-seekers [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL. (Conference cancelled)
- 36. Snodgrass, A.\*, & Lannin, D.G. (2020, April). A clear and affirmed identity; Self-concept clarity, self-affirmation, and stigma [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL. (Conference cancelled)
- 37. Namboodiri, R.\*, **Lannin, D.G.,** & Heath, P.J. (2020, April). How stressful will counseling be? Appraisals of control and challenge predict help-seeking intention [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL. (Conference cancelled)
- 38. **Lannin, D.G.,** Kanter, J.B., Russell, L.T., &, Yazedjian, A. (2020, March). *In a relationship or "Talking with Someone?" Why adolescents' language about relationship status matters* [Poster session]. Biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference cancelled)
- 39. Kanter, J.B., Lannin, D.G., Russell, L.T., &, Yazedjian, A. (2020, March). Mechanisms of change in psychological distress for low-income youth following a relationship education intervention [Conference session]. Biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference cancelled)
- 40. Donnelly, M.E.\*\*, **Lannin, D.G.,** Kanter, J.B., & Landau, S.E. (2020, February). Right-wing authoritarianism, moral disengagement, and victimization: The demeaning socio-cognitive attitudes of bullies. [Poster session]. National Association of School Psychologists Convention, Baltimore, MD.
- 41. Hynes, K.\*\*, Parris, L., **Lannin, D.G.,** Kanter, J., Russell, L., & Yazedjian, A. (2020, February). *Social media rumination: The impact of life goal orientation.* [Conference session]. National Association of School Psychologists. Baltimore, MD.
- 42. **Lannin, D.G.,** White, B.\*, Wiemer, K.\*\*, & Parris, L. (2020, February). *Effects of pre-exam review sessions led by undergraduate teaching assistants on exam performance.* [Poster session]. Scholarship of Teaching and Learning Commons Conference, Savannah, GA.
- 43. Hynes, K.\*\*, Russell, L., Parris, L., **Lannin, D.G.,** Kanter, J., Yazedjian, A. (2020, January). *Strategies for at-risk youth achieving and avoiding distal goals.* [Poster session]. Illinois School Psychologists Association. Springfield, IL.

- 44. **Lannin, D.G.,** Parris, L. N., Dvir, M., & Yazedjian, A., (2019, July). Why do extrinsically-motivated youth experience greater distress? [Poster session]. International Association of Relationship Research Annual Conference, Sussex, UK.
- 45. Yazedjian, A., **Lannin, D.G.,** & Parris, L. N. (2019, June). Lessons learned from partnering with local businesses to provide summer work experiences for adolescents. [Conference session]. American Association of Family and Consumer Sciences Annual Conference, St. Louis, MO.
- 46. Yazedjian, A., Lannin, D.G., Parris, L., Dvir, M. (2019, June). Examining the stigma of adolescents' psychological help seeking: The role of gender. [Conference session]. American Association of Family and Consumer Sciences Annual Conference, St. Louis, MO.
- 47. Acera, I.\*, Namboodiri, R.\*, & Lannin, D.G. (2019, April). *Is a values q-sort a self-affirmation manipulation?* [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL.
- 48. Okamura, K.\*, **Lannin, D.G.,** & Barrowclough, M. (2019, April). *Utilizing best-worst scaling to model mental health treatment decisions.* [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL.
- 49. Meyers, A.\*, Lannin, D.G., Wolf. L. & Anello, K.\*\* (2019, April). How social comparisons are linked to self-stigma of seeking help. [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL.
- 50. Hynes, K.\*\*, Parris, L., **Lannin, D.G.,** Yazedjian, A., & Dvir, M. (2019, April). Worried about this post? How bullying influences mental distress. [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL.
- 51. Williamson, C.\*\*, Lannin, D.G., Parris, L., Yazedjian, A., & Dvir, M. (2019, April). Predictors of help-seeking self-stigma among at-risk youth. [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL.
- 52. Sutherland, S.\*, Geary, R., Lannin, D.G., Parris, L., Yazedjian, A., & Dvir, M. (2019, April). *Predicting online mental health information-seeking among at-risk youth*. [Poster session]. Midwestern Psychology Association Annual Conference, Chicago, IL.
- 53. Hawkinson, G.\*\*, **Lannin, D.G.,** Parris, L., & Yazedjian, A. (2019, February). *Do value systems influence financial spending?* [Poster session]. 2019 National Association of School Psychologists Annual Convention, Atlanta, GA.
- 54. Deutsch, L.\*\*, Koppenhoefer, S.\*\*, Duckett, J.\*\*, **Lannin, D.G.,** Parris, L., & Yazedjian, A. (2019, February). *Assessing student readiness to change in relationships, jobs, and finances.* [Poster session]. 2019 National Association of School Psychologists Annual Convention, Atlanta, GA.
- 55. Koppenhoefer, S.\*\*, Parris, L., **Lannin, D.G.,** & Yazedjian, A. (2019, February). *Program evaluation in the schools: Building skills to move past evaluation barriers.* [Conference session]. 2019 National Association of School Psychologists Annual Convention, Atlanta, GA.
- 56. Koppenhoefer, S.\*\*, Parris, L., **Lannin, D.G.,** & Yazedjian, A. (2019, February). *The importance of financial socialization in promoting financial literacy among at-risk youth.* [Conference session]. 2019 National Association of School Psychologists Annual Convention, Atlanta, GA.
- 57. **Lannin, D.G.,** Yazedjian, A., & Parris, L. (2018, November). *Exploring who benefits most from relationship education*. [Poster session]. National Council on Family Relations Annual Conference, San Diego, CA.

- 58. **Lannin, D.G.,** Ludwikowski, W. M. A., Seidman, A. J., Heath, P. J. Brenner, R. E., & Vogel, D. L. (2018, August). *How do personal values influence psychological help-seeking?* [Poster session]. American Psychological Association Annual Conference, San Francisco, CA.
- 59. Seidman, A. J., **Lannin, D.G.,** Wade, N. G., & Heath, P. J. (2018, August). *Patient or person? Self-perception, values, and help-seeking behavior.* [Poster session]. American Psychological Association Annual Conference, San Francisco, CA.
- 60. Ludwikowski, W. M. A., **Lannin, D.G.,** Barber, H. (2018, August). The role of grit and self-affirmation in a social cognitive model of academic adjustment. [Poster session]. American Psychological Association Annual Conference, San Francisco, CA.
- 61. Vogel, D. L., Heath, P. J., Seidman, A. J., Wade, N. G., **Lannin, D.G.,** & Brenner, R. E. (2018, August). *A longitudinal analysis of help-seeking stigma in student Veterans.* [Poster session]. American Psychological Association Annual Conference, San Francisco, CA.
- 62. Heath, P. J., **Lannin, D.G.,** Brenner, R. E., Seidman, A. J., & Vogel, D. L. (2018, August). *A tale of two interventions: The effects of self-compassion and affirmation on distress and stigma.* [Poster session]. American Psychological Association Annual Conference, San Francisco, CA.
- 63. Brenner, R. E., Cornish, M. A., Heath, P. J., **Lannin, D.G.,** Losby, M. M. (2018, August). Seeking help despite the stigma; Psychological flexibility as a moderated mediator. [Poster session]. American Psychological Association Annual Conference, San Francisco, CA.
- 64. Koppenhoefer, S.\*\*, Pechtold, A.\*, **Lannin, D.G.,** Parris, L. N., Yazedjian, A. (2018, August). *Something to talk about: Improving at-risk youth's communication through relationship education.* [Poster session]. American Psychological Association Annual Conference, San Francisco, CA.
- 65. Koppenhoefer, S.\*\*, Yazedjian, A., **Lannin, D.G.**, & Parris, L. N. (2018, June). *Money Talks: How Financial Education Impacts Healthy Relationships Among At-Risk Youth.* [Conference session]. American Association of Family and Consumer Sciences Annual Conference, Atlanta, GA.
- 66. Yazedjian, A., **Lannin, D.G.,** & Parris, L. N. (2018, June). *Effects of relationship education on adolescent life goals.* [Conference session]. American Association of Family and Consumer Sciences Annual Conference, Atlanta, GA.
- 67. Miller, B.\*, **Lannin, D.G.,** Parris, L. N., Yazedjian, A. (2018, April). *Attachment styles and life goals of at-risk youth.* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 68. Deutsch, L.\*\*, **Lannin, D.G.,** Parris, L. N., Yazedjian, A., Jenkins, E.\* (2018, April). *Attachment styles and readiness for change; Emotion regulation as mediator?* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 69. Parris, L. N., Lannin, D.G., Yazedjian, A. (2018, April). Conscientiousness is key; Job-search self-efficacy and readiness to change. [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 70. Hawkinson, G.\*\*, Koppenhoefer, S.\*\*, Yazedjian, A., Parris, L. N., **Lannin, D.G.** (2018, April). *Effects of a financial literacy program on behavior and knowledge.* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.

- 71. Okamura, K.\*, **Lannin, D.G.,** Banks, B. (2018, April). Exploring mechanisms of personal values' influence on colorblind racial attitudes. [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 72. Wicker, I.\*\*, Lannin, D.G. (2018, April). Exploring the relationship between counseling experience and self-transcendence values. [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 73. Guzaldo, J.\*, **Lannin, D.G.** (2018, April). Extrinsic life goals' deleterious influence on mental illness self-stigma. [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 74. Charczuk, P.\*\*, Lannin, D.G., Parris, L. N., Yazedjian, A. (2018, April). *Job readiness for at-risk youth: A mixed-methods study.* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 75. Washer, J.\*, **Lannin, D.G.** (2018, April). *Predicting homonegativity from conservation values and gender.* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 76. Gallo, C.\*, Hynes, K.\*, **Lannin, D.G.,** Parris, L. N., Yazedjian, A. (2018, April). *School climate, hope, and readiness to change: A mediation model.* [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 77. O'Brien, S.\*, Lannin, D.G., Parris, L. N., Yazedjian, A (2018, April). The influence of intrinsic values on communication and relationship outcomes. [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 78. Anello, K.\*, **Lannin, D.G.** (2018, April). What are the values of both narcissistic dimensions? [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 79. Boolman, M.\*, Frye, T.\*, **Lannin, D.G.,** Parris, L. N., Yazedjian, A. (2018, April). Why does school climate enhance forgiveness? Hope and emotion regulation. [Poster session]. Midwestern Psychological Association Annual Conference, Chicago, IL.
- 80. Koppenhoefer, S.\*\*, Parris, L. N., Tobin, R., Lannin, D.G., Yazedjian, A. (2018, February). *Mixed-Methods Evaluation of Financial Literacy Curriculum for Disadvantaged Youth.* [Poster session]. National Association of School Psychologists, Chicago, IL.
- 81. **Lannin, D.G.,** Fuentes, A.\*\* (2017, April). Reducing help-seeking threat; Effects of values-affirmation, social-affirmation, and reassuring information. [Conference session]. Midwestern Psychological Association's Annual Conference, Chicago, IL.
- 82. Dagner, A. R.\*\*, & Lannin, D.G. (2017, April). Help-seeking decisions: The influence of narcissistic grandiosity and vulnerability. [Poster session]. Midwestern Psychological Association's Annual Conference, Chicago, IL.
- 83. Vogel, D. L., **Lannin, D.G.,** & Ludwikowski, W. A. (2016, August). *The role of self-affirmation and contemplation in increasing mental health information in African American students.* [Poster session]. 23<sup>rd</sup> NIMH Conference on Mental Health Services Research, Bethesda, Maryland.
- 84. Seidman, A. J., Wade, N. G., Vogel, D. L., **Lannin, D.G.,** & Heath, P. J. (2016, August). *The use of a self-affirmation intervention to increase student veterans' attitudes towards help-seeking.* [Poster session]. American Psychological Association annual conference, Denver, Colorado.
- 85. Losby\*\*, M. M., Heath, P. J., **Lannin, D.G.**, & Vogel, D. L. (2016, August). Why are some narcissists more distressedthan others? The role of psychological flexibility. [Poster session]. American Psychological Association annual conference, Denver, CO.

- 86. **Lannin, D.G.,** Vogel, D. L., & Guyll, M. (2016, April). Reducing the threatening nature of mental health information using a brief online self-affirmation intervention. [Poster session]. Iowa Psychological Association Conference, Pella, IA.
- 87. Madon, S., Guyll, M., Yang, Y., Smalarz, L. Marschall, J., & Lannin, D.G. (2015, March). Does factual innocence influence how interrogated suspects allocate and mobilize their cognitive resources? [Poster session]. American Psychology-Law Society, San Diego, CA.
- 88. Guyll, M., Madon, S., Yang, Y., Marschall, J., Smalarz, L. & Lannin, D.G. (2015, March). *Does interrogation increase or decrease interrogative suggestibility?* [Conference session]. American Psychology-Law Society, San Diego, CA.
- 89. Jackson, R. N.\*, **Lannin, D.G.,** & Vogel, D. L. (2014, November). *I am loved and secure': Social belonging as a mediator in self-affirmation tasks*. [Poster session]. Tenth Annual Missouri Undergraduate Psychology Conference, St. Charles, MO.
- 90. Lannin, D.G., Vogel, D. L., Guyll, M., Brenner, R., & Kautz, C\*. (2014, August). A longitudinal test of a self-affirmation intervention to reduce distress and stigma. [Poster session]. American Psychological Association Conference, Washington D.C.
- 91. Lannin, D.G., Vogel, D. L., Brenner, R., & Tucker, J. R. (2014, August). The internalized stigma model: Predicting self-esteem and intentions to seek counseling. [Poster session]. American Psychological Association Conference, Washington D.C.
- 92. Wei, M., Tsai, P. C., **Lannin, D.G.**, Du, Y., & Tucker, J. R. (2014, August). *Mindfulness, psychological flexibility, hindering self-awareness, and counseling self-efficacy.* [Poster session]. American Psychological Association Conference, Washington D.C.
- 93. **Lannin, D.G.,** Guyll, M., Vogel, D. L., & Madon, S. (2013, October). Reducing the stigma of seeking psychological help through self-affirmation. [Poster session]. Ending Self-Stigma Conference, Baltimore, MD.
- 94. Smalarz, L., **Lannin, D.G.,** Madon, S., Tracy, D.G., & Sawyer, M. (2013, August). *Self-regulatory failure: A theoretical account of interrogation-induced temporal discounting.* [Poster session]. American Psychological Association, Honolulu, Hawaii.
- 95. Madon, S., Johnson, E., Guyll, M., **Lannin, D.G.,** Yang, Y., Smalarz, L., & Marschall, J. (2013, August). *The effect of interrogation stress on interrogative suggestibility*. [Poster session]. American Psychological Association, Honolulu, Hawaii.
- 96. **Lannin, D.G.,** Guyll, M., Vogel, D. L., & Madon, S. (2013, August). The effect of self-affirmation on stigma of seeking psychological help. [Poster session]. American Psychological Association, Honolulu, Hawaii.
- 97. Marschall, J., Madon, S., Yang, Y., Smalarz, L., **Lannin, D.G.,** & Guyll, M. (2013, March). Resistance to confession: The role of self-awareness during police interrogation. [Poster session]. American Psychology-Law Society, Portland, Oregon.
- 98. Lannin, D.G., Guyll, M., Krizan, Z., Madon, S., & Cornish, M. (2013, January). *Grandiose and vulnerable narcissism: Two uniquely unhelpful faces.* [Poster session]. Society of Social and Personality Psychology, New Orleans, Louisiana.

- 99. Bittner, K., Lannin, D.G., & Lorenz, F. O. (2013, January). Longitudinal development of denial and its effect on marital stability. [Poster session]. Society of Social and Personality Psychology, New Orleans, Louisiana.
- 100. **Lannin, D.G.,** Guyll, M., Vogel, D. L., & Madon, S. (2012, April). Effect of values affirmation on self-stigma of seeking psychological help. [Poster session]. Iowa Psychological Association Spring Conference, Ames, IA.
- 101. Guyll, M., Madon, S., Yang, Y., Scherr, K.C., **Lannin, D.G.**, Smalarz, L., Wells, G., & Greathouse, S. (2012, March). *Physiologic reactions to interrogation stress: Differences between the innocent and the guilty*. [Conference session]. American Psychology-Law Society convention, San Juan, Puerto Rico.
- 102. Tucker, J. R., Botello-Zamarron, R., Du, Y., & Lannin, D.G. (2012, March). *Multicultural group work with college students*. [Conference session]. Iowa State Conference on Race and Ethnicity, Ames, IA.
- 103. Cornish, M. A., Guyll, M., & Lannin, D.G. (2011, August). The effects of empathy and emotional information on forgiveness and cardiovascular response. [Poster session]. American Psychological Association conference, Washington DC.
- 104. Prot, S., & Lannin, D.G. (2011, July). The relationship between time perspective and music preferences. [Conference session]. European Congress of Psychology. Istanbul, Turkey.
- 105. Prot, S., **Lannin, D.G.**, & Banozic, A. (2011, May). *Academic stress, coping and students' risk behaviors.* [Conference session]. Midwest Psychological Association, Chicago, IL.
- 106. **Lannin, D.G.**, & Benight, C. (2009, July). Religious coping and mental health: A theoretical review. [Poster session]. Disaster Behavioral Health Conference, Colorado Springs, Colorado.

### **TEACHING EXPERIENCE**

#### Illinois State University

#### **Undergraduate Level Courses**

PSY 111 Introduction to Psychology

Description: Introduction to the discipline of psychology as the scientific study of behavior with emphasis on

theory, methodology, and applications.

PSY 233 Psychology of Personality

Description: Critically examines psychology's most influential theories regarding the nature of persons,

including psychoanalysis, behaviorism, cognitivism, and biological theory.

PSY 320 History of Psychology

Description: Historical antecedents of modern psychology. Examination of modern from a systematic point of

view.

PSY 350 Psychopathology

Description: Critically examines psychology's most influential theories regarding the nature of psychopathology.

PSY 364 Psychology of Motivation

Description: Evolution of basic concepts leading to contemporary explanation of determiners of action with

application to vocational, social, and educational areas

PSY 392 Senior Seminar: The Psychology of Happiness

Description: A capstone course for PSY majors featuring in-depth study of selected topics, i.e., happiness.

HON 202A76 Honors Innovation and Inquiry: The Psychology of Spontaneity

Description: This seminar challenges students to study and explore inquiry from several perspectives.

#### **Graduate Level Courses**

PSY 464 Introduction to Counseling Theories/Techniques

Description: Major theoretical positions applied to counseling approaches. Emphasis on science-informed

practices relevant to contemporary issues with diverse populations and settings.

## DEFENDED DISSERTATIONS, THESES, & CAPSTONES

1.	Dissertation External Examiner (University of Toronto) – Elizabeth Wong	2023
2.	Capstone Chair – Ava Zihlman When Narcissus finds God: The relationship between religion and narcissism	2023
3.	Thesis Committee Member – Meghan Rogers	2023
4.	Thesis Committee Member – Breanna Messman	2023
5.	Dissertation Chair – Aaron Neitzel Parents' right-wing political ideology and trans teacher bathroom access: Ambiguity is threatening	2022
6.	Dissertation Chair – Garett Hawkinson The effects of social media on psychological distress: Contributions of loneliness, fear of missing out, and need satisfaction	2022
7.	Dissertation Chair – Megan Donnelly Examining the temporal relations of social dominance orientation, right-wing authoritarianism, moral disengagement, and bullying.	2022
8.	Thesis Chair – Lindsay Chassay  Transforming words into action: Exploring moderators of racial social justice action by White college students	2022
9.	Capstone Chair – Vendela Zbotaniw Using mindfulness to target oppositional defiant disorder in children and adolescent populations: a literature review	2022
10.	Capstone Chair – Amanda Martin Social media and mental health: implications for psychological practitioners	2022
11.	Dissertation Committee Member – Keeley Hynes	2022
12.	Thesis Committee Member – Jake Solka	2022
13.	Capstone Reader – Kristina Okamura	2022
14.	Capstone Reader – Valerie Valenciano	2022
15.	Capstone Chair – Alyssa Rogalski Experienced stigma in families with children on the autism spectrum	2021
16.	Capstone Chair – Kimberly Ezzo  Criticizing the inner critic: Therapeutic considerations for self-criticism	2021
17.	Capstone Chair – Paul Gallosa The two sides of pathological narcissism: Grandiosity and vulnerability	2021
18.	Thesis Committee Member – Cody Atkinson	2021
19.	Thesis Committee Member – Sanjana Satishkumar	2021

20. Thesis Reader – Piper Rogers	2021
21. Thesis Chair – Kelsey Anello Reducing narcissistic aggression: Examining the effect of self-affirmation on subclinical levels of narcissism	2020
22. Thesis Chair – Samantha Ege Identity centrality's influence on the relation between disclosure and mental health stigma	2020
23. Thesis Chair – Keeley Hynes Social media rumination: The impact of materialistic value orientation	2020
24. Thesis Committee Member – Rachel Boros	2020
25. Thesis Committee Member – Megan Donnelly	2020
26. Capstone Reader – Victoria Bledsoe	2020
27. Thesis Chair – Morgan Ess Influence of authority and message framing on compliance with mental health treatment recommendations	2019
28. Thesis Chair – Isaac Wicker Self-affirmation theory and the change of perception of self and threats	2019
29. Capstone Chair – Molly Walter  The impact of suicide stigma on the therapeutic process	2019
30. Thesis Committee Member – Alison Lehman	2019
31. Thesis Committee Member – Rajahna Schneekloth	2019
32. Thesis Committee Member – Salman Ibrahim	2019
33. Thesis Reader – Zachary Stillman	2019
34. Capstone Chair – Ashley Dagner  Identifying and treating narcissism in therapy	2018
35. Capstone Chair – Keith Harms  Jealousy in non-monogamous relationships	2018
36. Thesis Committee Member – Alleana Fuentes	2017
37. Capstone Reader – Natalia DeSouza	2018
38. Capstone Reader – Kailey Simons	2017
39. Capstone Reader – Holly DeWerff	2017
40. Thesis Reader – Kathryn Ferdon	2017

## **SERVICE**

Department Faculty Status Committee Psychology Department Illinois State University, Normal, IL	2021—2022, 2023—Present
Psi-Chi/SPA Faculty Advisor  Psychology Department  Illinois State University, Normal, IL	2023
Special Events Committee Psychology Department Illinois State University, Normal, IL	2020—Present
Alumni Relations Committee Psychology Department Illinois State University, Normal, IL	2019—Present
College Council  College of Arts & Sciences  Illinois State University, Normal, IL	2021—2022
Focus Group, Illinois P20 Educators Council Illinois Board of Higher Education	2021
Focus Group, Accreditation Council American Association of Family and Consumer Sciences	2021
Five-Year Chair Review Committee Psychology Department Illinois State University, Normal, IL	2021
Consultant Gold Star Mission, Springfield, IL	2020—2021
Co-Lead/Continuous Quality Improvement Champaign Area Relationship Education for Youth Provost's Office, Illinois State University, Normal, IL	2017—2020
Session Moderator  Midwestern Psychological Association, Chicago, IL	2018
Consultant  Evaluation of Mediation in Cook County Courts,  Illinois State University Social Work Department, Normal, IL	2017—2018
Consultant  Evaluation of Firststar, an educational program for foster youth  Illinois State University Social Work Department, Normal, IL	2017—2018

IRB Reviewer 2016—2018

Research Committee. Department of Psychology *Illinois State University, Normal, IL.* 

#### Ad Hoc Peer Reviewer

- 1. Academic Medicine
- 2. Advances in Cognitive Psychology
- 3. Aging and Mental Health
- 4. Australia and New Zeeland Journal of Psychiatry
- 5. Behavioral Medicine
- 6. BMC Psychiatry
- 7. British Journal of Guidance and Counselling
- 8. British Journal of Social Psychology
- 9. Canadian Journal of Community Mental Health
- 10. Clinical Case Studies
- 11. Counselling Psychology Quarterly
- 12. Cyberpsychology, Behavior, and Social Networking
- 13. European Journal of Social Psychology
- 14. International Journal of Psychology
- 15. International Journal of Psychology and Counselling
- 16. Journal of American College Student Health
- 17. Journal of Applied Social Psychology
- 18. Journal of Applied Sport Psychology
- 19. Journal of Child and Adolescent Mental Health
- 20. Journal of Clinical Assessment
- 21. Journal of Clinical Psychology
- 22. Journal of College Student Health
- 23. Journal of Consulting and Clinical Psychology
- 24. Journal of Counseling Psychology
- 25. Journal of Divorce and Remarriage

- 26. Journal of Gender Studies
- 27. Journal of General Psychology
- 28. Journal of Happiness Studies
- 29. Journal of Individual Differences
- 30. Journal of Mental Health
- 31. Journal of Research in Personality
- 32. Journal of Social and Clinical Psychology
- 33. Journal of Sports Sciences
- 34. Journal of Technology in Human Services
- 35. Journal of Workplace Behavioral Health
- 36. Mental Health & Prevention
- 37. Military Psychology
- 38. Personality and Individual Differences
- 39. Psychology in the Schools
- 40. Psychology of Men and Masculinity
- 41. Psychology of Popular Media
- 42. Psychotherapy Research
- 43. Sage Open; Stigma and Health
- 44. Social Psychology and Psychiatric Epidemiology
- 45. Stigma and Health
- 46. Stress and Health
- 47. The Counseling Psychologist
- 48. Translational Issues in Psychological Science
- 49. Youth & Society

### PROFESSIONAL MEMBERSHIPS

- International Association of Relationship Research
- American Psychological Association
- Society of Counseling Psychology
- Midwestern Psychological Association
- National Center for Faculty Development and Diversity

## SELECTED INVITED LECTURES AND WORKSHOPS

<ul> <li>Understanding the Psychological Barriers to Seeking Psychological Help (Invited Talk)         Bradley University, Department of Psychology     </li> </ul>	2022
Daniel J. Elias Endowed Honors Colloquium	
Three Things I've Learned from Psychology (Invited Talk)     ISU, Department of Psychology     Psi-Chi/SPA	2022
• Exercising Empathy: Strengthening Our Ability to Empathize Effectively (Invited Talk)  ISU, Department of Psychology  Extending Empathy Series	2021
• Expressing Empathy in the Classroom (Workshop)  ISU, Center of Teaching, Learning, and Technology	2019
• The Vitality of Spontaneous Experiences (Invited Talk)  ISU, Department of Psychology  Psi-Chi/SPA	2019
<ul> <li>Discovering and Using Your Values at Work (Workshop)</li> <li>ISU, Housing Services</li> </ul>	2019
• Exploring Personal Values in the Classroom (Workshop)  ISU, Center of Teaching, Learning, and Technology	2019
Why We Don't Listen (Invited Talk)     ISU, Department of Psychology     Extending Empathy Series,	2019
<ul> <li>Three Pieces of Unsolicited Advice that Might Make Your Life Better (Invited Talk)         ISU, Department of Psychology         Psi-Chi/SPA</li> </ul>	2018
Panel for Empathy and Mr. Rogers (Invited Panel)     ISU, Center of Community Engagement	2018
<ul> <li>Understanding Conflict and Communication (Workshop)</li> <li>ISU, Housing Services</li> </ul>	2018

## SELECTED HONORS AND AWARDS

## Faculty

SoTL Travel Grant, CTLT, Illinois State University	24, 2019	
Outstanding College Researcher, College of Arts & Sciences, Illinois State University	2023	
Research Initiative Award, Illinois State University	2020	
Impact Award, University College, Illinois State University	2019	
Faculty International Travel Grant, College of Arts & Sciences, Illinois State University	2019	
Outstanding University Teaching Award (Teaching Initiative), Illinois State University	2018	
Excellence Award for Outstanding Scholarly Achievement, College of Arts & Sciences, Illinois State University	y 2018	
Graduate		
Teaching Excellence Award, Graduate College, <i>Iowa State University</i>	2015	
Research Excellence Award, Graduate College, Iowa State University	2014	
Exceptional Research Productivity Award, Psychology Dep., Iowa State University	2014	
Travel Award, Psychology Dep., <i>Iowa State University</i> 201	.3—2014	
Professional Travel Grants, Graduate College, <i>Iowa State University</i> 201	1—2014	
Miller Fellowship, <i>Iowa State University</i> 201	0-2013	
Presidential Scholarship, Western Theological Seminary 200	1-2004	
Undergraduate		
John Richard Vander Wilt Award in Religion, Hope College	2001	
Presidential Scholarship, Hope College	7—2001	
Van Ess Scholarship Award, Hope College	2000	
John D. Kearney Scholarship, Hope College	1997	
Kane County Teacher's Credit Union Scholarship, Hope College	1997	
Moffett Scholarship, Hope College	1997	

## MENTEE AWARDS

Megan Donnelly, 2 <sup>nd</sup> Place in 3-Minute Thesis University-Wide Competition, ISU	2021
Lindsay Chassay, Honorable Mention, Image of Research Competition, ISU	2021
Russell, Jackson, 1st place, Tenth Annual Missouri Undergraduate Psychology Conference	2014

## **MEDIA**

Psychology Life Lessons 2022—P	resent
https://www.psychologylifelessons.com	
Podcast Interview, <i>How are Personal Values Linked to Help-Seeking Stigma?</i> , The Counseling Psychologist <a href="https://journals.sagepub.com/doi/suppl/10.1177/0011000019884815">https://journals.sagepub.com/doi/suppl/10.1177/0011000019884815</a>	2019
Print interview, CARE4U Program, Redbird Scholar	2019
https://news.illinoisstate.edu/2019/04/care4u-gives-hope-to-at-risk-youth/	
Print interview, Therapy for Trauma Professionals: Why the Conflict?, Psychology Today	2019
https://www.psychologytoday.com/us/blog/traumatized/201903/therapy-trauma-professionals-why-the	<u>=</u>
conflict	
Radio Interview, Mental Health Stigma, Top of the Mind with Julie Rose	2016
http://www.byuradio.org/episode/a9a6466a-6933-43cd-bd13-ff85cd83ce72/top-of-mind-with-julie-rose-	<u>=</u>
brexit-high-heel-prosthetic-mental-health-stigma	
Radio Interview, Stigma Often Keeps People from Needed Mental Health Treatment, Public News Service	2016
https://www.publicnewsservice.org/2016-07-05/health-issues/stigma-often-keeps-people-from-needed-	
mental-health-treatment/a52773-1	