**Psy 331. 03 Advanced Laboratory in Operant Behavior**

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**Study Guide Week 6: Fear Behavior Adjustment Training**

**Hiby, Rooney & Bradshaw (2004). Dog training methods: their use, effectiveness and interaction with behaviour and welfare.**

1. What was the aim of this study? Why was it different than previous studies comparing training methods?
2. Who were the participants? Do you think the results might have been different if the participants were from the United States? Why or why not?
3. How did they define training methods and obedience?
4. What were the 5 most commonly reported behaviors? (HINT: Look at table 1).
5. What were the most common types of training methods used?
6. For which behaviors did the authors find that training method ***did not*** alter the effectiveness of training?
7. For which behaviors did the authors find that training method ***DID alter*** the effectiveness of training?
8. What did the authors conclude about reward based methods?  Do you agree or disagree and why?

[BAT handout](https://cpb-us-w2.wpmucdn.com/about.illinoisstate.edu/dist/6/45/files/2019/10/BAT-basics.pdf)  
[Grisha Steward BAT Survival skills](https://grishastewart.com/BAT-survival-skills.pdf)

1. WHAT exactly is BAT? How would you describe this using “psychology” jargon? How would you describe this to a client?
2. What are “Functional Rewards”? What might be the functional reward for a dog aggressing towards another dog?
3. What is the “formula” for using BAT
4. What kinds of signals from your dog should be rewarded? Should you reward in the presence of the trigger or after you have retreated?
5. Grisha Stewart outlines a “mark and move” process? What is this and ***give 3 examples of mark and move.***
6. How is the situation of “room to move” different from the “trapped” situation? ***Give three examples of how your training of your dog would differ if you had room to move versus you and the dog were trapped.***

Things to Think About:

1. Comparing the Hiby article assessing the types of training use by owners, and Grisha Stewart’s BAT approach: ***Which method do YOU believe is most effective and humane, and why?***