**Psy 331.03 Advanced Laboratory in Operant Conditioning**

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**Study Guide Week 10: Negative reinforcement, punishment and learned helplessness**

***Tynes, V.V. (2013).***

1. Define punishment? Are there two kinds of punishment? Define each.
2. According to Tynes, what kinds of consequences are most effective with dogs? Why do you think that these types are most effective?
3. What is the most common form(s) of consequences used by the dog-owning community? Are these the most effective?
4. What could you do to help educate individuals to help dog owners understand the best and most effective types of consequences?

**Grohmann, et al. (2013). Severe brain damage after punitive training technique with a choke-chain-collar in a German-shepherd-dog**

1. Describe the behavior of the German shepherd dog when it was taken to the veterinary hospital.
2. Describe how the dog was punished 4 hours earlier.
3. What physical damage was found?
4. What happened to the dog?
5. What does this tell you about using this punishment technique?

***Conclusions about punishment***

1. After reading these articles, reflect on your own experience with dogs, cats, or other family pets. Did you engage in “best practices” for increasing appropriate behavior or decreasing inappropriate behavior? How did you/did you not?
2. As a result of reading these papers, how might these articles influence your interaction with your dog in this course, and your current or future pets?
3. Might these same tenets put forth in these articles also apply to humans? If so, how might this change your approach when working with humans?